MARCH 29 WORSHIP EXPERIENCE

This format is our way of being in worship during this time we are apart. Though we may not be able to share time together, we can have a shared (common) experience knowing that others at CUMC will be participating in this same time of worship today.

We ask that you print out this guide and place it alongside your computer or other device you will be using for viewing. We are trying to make worship interactive by having you take part in a couple guided activities rather than simply watch. We will be telling you when to pray the opening prayer, when to read the scripture lesson (be sure to have a Bible close by), and when to have a time of prayer for yourself and others. There is a suggested video for you to watch, one of the scriptures and a song, plus music from both our traditional and contemporary services. The video part of the experience today is 24 minutes long.

VIDEO: https://youtu.be/QI-vr6-OYAI

Opening Prayer

Miraculous God, inspire us to notice your miracles in every moment of our lives even today as we worship from home. When we doubt our own gifts, grant us the vision to see ourselves as you see us. When we are afraid to follow, grant us the courage to go where you lead. When we are tempted to use our gifts selfishly, grant us servant hearts, that we may share our gifts generously in the service of others. Inspire us this day, Holy One, that we may be part of our miraculous love. Amen.

Scripture Lesson:

John 6:16-21

Pause the video now and read John 6:16-21.

Children's Chat:

(supply your own jelly bean)

Prayer Time:

Pastoral Prayer, Personal Prayer and Intercessions

Please pray for:

Healing & Health: Bill Alwood, Beverly Haines, Jim Knox (father of Marnie Anderson), Mila Williams Sympathies & Prayers: Family of Mary Etta Lindsay; Family of Miriam Mains; Family of Creedon Pechart; Tim & Sharon Sheaffer on the passing of Tim's mother, Marilyn Morrow.

Other Concerns: Armed forces and their families; families suffering; leadership of our church; family, friends, neighbors, community, world, medical people, and any other concerns that come to you.

Meditation:

In the Storm with Pastor Mira

Closing

Suggested Videos: "Jesus Walks on Water" - https://www.youtube.com/watch?v=XBkwPTzbg38 "You Calm the Storm" by Union Creative - https://www.youtube.com/watch?v=4Pmuc19JlBc

Suggested Worship Music:

"Be Still My Soul" with Chris Gregory, Contemporary Worship Leader https://youtu.be/XOzegNXQEeM

"The Journey Home" with Combined Sanctuary Choirs (recorded for Feb 9th sermon) https://www.youtube.com/watch?v=eWXPj84YGlo

Instrumental Prayer time music, Constance Leitner, Choral and Sacred Music Director https://www.youtube.com/watch?v=Fd3kcfu4E8k

REMEMBER: Faith over Fear. Prayer over Panic.

Think about sharing this video with others.

ADDITIONAL RESOURCES

Daily and Online Devotionals

Upper Room - app, email, or Sight Psalms - https://www.upperroom.org/devotionals

You Version Bible - different devotional plans and options for groups via app

D365 - short daily devotions via app - www.d365.org

Reimagining Examen - Examen Prayer app - http://reimaginingexamen.ignatianspirituality.com

First 5 - Bible study app - https://first5.org
She Reads Truth or Girlfriends in God- for women online reading plans - https://shereadstruth.com

Pray As You Go - online or app (https://pray-as-you-go.org/home/)

Journeywithjesus.net

OTHER PRAYERS YOU CAN PRAY:

A Coronavirus Prayer

Loving and healing God, I turn to you in prayer, confident that you are with us and with all people in every moment. I stand before you as a person people of hope, trusting in your care and protection. May your faithful love support us and soothe the anxiety of our hearts. Generous God, fill everyone with compassion and concern for others, young and old, that we may look after one another in these challenging days. Bring healing to those who are sick with the virus and be with their families. May those who have died rest in your eternal embrace. Comfort their family and friends. I pray for the world and in thanks for all those who will continue to work in the days ahead in so many fields of life for the sake of us all. Bless them and keep them safe. In Jesus' Name I pray. Amen.

A Prayer for Healthcare Workers during this time

Loving God, I place into your care all our doctors, nurses and healthcare workers medical researchers and others who are working tirelessly. Give them courage of heart and strength of mind and body. Keep them safe from harm. May they know our deep gratitude for all they are doing to heal and help those affected by the coronavirus. May they know your protection and peace. Bless them and their families in these challenging days. In Jesus' Name I pray. Amen.

The Lord's Prayer

Our Father, who art in heaven, hallowed by thy name. Thy kingdom come. They will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our sins as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.