

## PRAY BEFORE READING

Blessed Lord, you have caused all holy Scriptures to be written for our learning. Grant us so to hear them, read, mark, learn, and inwardly digest them, that we may embrace and ever hold fast the blessed hope of everlasting life, which you have given us in our Savior Jesus Christ, who lives and reigns with you and the Holy Spirit, One God, forever and ever. Amen.

## READINGS

<u>Week 1: Mark 1-3</u> Sunday, Feb. 21 - Saturday, Feb. 27 <u>Week 2: Mark 4-5</u> Sunday, Feb. 28 - Saturday, Mar. 6 <u>Week 3: Mark 6-8:26</u> Sunday, Mar. 7 - Saturday, Mar. 13 <u>Week 4: Mark 8:27-10</u> Sunday, Mar. 14 - Saturday, Mar. 20 <u>Week 5: Mark 11-13</u> Sunday, Mar. 21 - Saturday, Mar. 27

<u>Week 6: Mark 14-16</u> Sunday, Mar. 28 - Saturday, Apr. 3

#### PERSONAL REFLECTION

1. What does this say about who Jesus is?

- 2. What does this say about being a follower/disciple of Jesus?
- 3. What is God saying to me through the scripture?
- 4. What am I going to do about it?

# 40 ACTS OF Kingnezzs

# 40 DAYS OF LENT = 40 RANDOM ACTS OF KINDNESS

"'You shall love the Lord your God with all your heart, and with your soul, and with all your mind, and with all your strength'. The second is this, 'You shall love your neighbor as yourself.' There is not other commandment greater than these." Mark 12:30-31

## EACH DAY OF LENT

Instead of giving up something, let's love our neighbors with kindness that is rooted in our faith and mission to LIVE LIKE JESUS.

### **IDEAS**

- Let someone special know how much you appreciate them
- Donate food to Project SHARE
- Give out compliments
- Donate clothing to a local charity
- Hold the door open for a stranger
- Do a favor without asking anything in return
- Share your favorite book

- Let someone cut in line in front of you at the store
- Pay for the person behind you in the drive-thru
- Bring a friend their favorite coffee or tea when you visit
- Send a "Thinking of You" card
- Bake cookies for a neighbor
- Buy your co-worker a cup of coffee

## SHARE TO INSPIRE

Share your Random Acts to inspire others! Tag us on Facebook (Carlisle UMC) or email office@carlislepaumc.org