



Heartbeats along the way: The Trusting, Exulting Heart

Psalm 28:7 The Lord is my strength and my shield; in him my heart trusts; so I am helped, and my heart exults, and with my song I give thanks to him.

Of all Life's lessons to learn and appreciate, I imagine the most difficult one is expressed by the Psalmist in the verse above. Mature Christians affirm this verse; growing Christians seek to stand on this verse; and joyful children always seem to live this verse instinctively.

We are given opportunities every day of our lives to practice and test these words. Every day we have the chance to soberly reflect on how we have grown in this, and gauge our progress.

The world offers us many substitutes in which to put our trust - to invest our energies and efforts - to receive gratification in order to satisfy ourselves. But none of these will stand the test of our lifetime.

The thing we're looking for is safety and security: a state of being that we can count on to protect us and give us comfort.

In the business of building Spring Garden Campus, we also have the choice of trusting in ourselves or going all in for God.

Now that's a very scary choice. But the only option that will truly satisfy God and our own collective souls is to declare for God.

As I write this, our nation is voting for the future of our country. But this choice between ourselves and God regarding how we will build the new church is more vital. Remember, it's not just a church of wood, stone, steel, and glass; it's a church of redeemed souls declaring the Lord as its strength and shield, and giving itself to loving God and building community. Trusting God, we can exult and sing! By the way, do you have a favorite song for God?

"Great Lord of the Universe, give us courage to declare for You as our strength and shield. Put us to trusting you fully, and let us declare Your love and power with song and exultation evermore. Amen."

~ cl reynolds