

# SUNDAY, APRIL 26

## WORSHIP EXPERIENCE

This format is our way of being in worship during this time we are apart. Though we may not be able to share time together, we can have a shared (common) experience knowing that others at CUMC will be participating in this same time of worship today.

**We ask that you print out this guide** and place it alongside your computer or other device you will be using for viewing (be sure to view the video in your browser in order to print all the pages). We are trying to make worship interactive by having you take part in a couple guided activities rather than simply watch. We will be telling you when to pray the opening prayer, when to read the scripture lesson (**be sure to have a Bible close by**), and when to have a time of prayer for yourself and others. There are suggested videos for you to watch listed after the closing. They are musical offerings from our contemporary and sanctuary music folks, and videos that reinforce the theme or thought for the day. Please watch them. This video part of the experience today is 30 minutes long.

**VIDEO:** [https://youtu.be/k\\_LV2UyjfU0](https://youtu.be/k_LV2UyjfU0) (click here)

**Opening Prayer** (pause the video and pray the prayer)

Loving, living God, be among us now. Show us your ways. Live in us, that we may be people of steadfast hope and inspiring love. Help us remember that all we are and all we have are gifts from you, gifts to be shared in service and love. Help us hear your words, challenge us to live like Jesus with our family and neighbors today. Holy One be among us, help us be your holy people who receive your word with joy and live your message with love. Amen.

**Scripture Lesson: Mark 2:1-12**

(pause the video now and read the Lesson).

**Children's Chat:**

(supply your own jelly bean)

(parents, there is a Kid's Worship worksheet for you to print out and use with your children. Click here or can be found on [www.carlislepaumc.org](http://www.carlislepaumc.org) under GROW, Kids, Birth-5th grade, scroll down to Kids Worship, click on link).

**Prayer Time:**

Invitation to silent prayer with musical background (use this time to pray for what concerns you today). That time will be followed by the Pastoral Prayer, intercessions and the Lord's Prayer

**The Lord's Prayer**

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our sins as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.

We **strongly** want to encourage you to pray the two Coronavirus Crisis prayers included at the end of this email at some point in your worship experience today. Our world needs you.

**Meditation:**

"Will You Be My Neighbor?" part 2

**Closing**

## **Please continue to pray this week for:**

**Healing and Health:** : Ray Crawford (father of Debbi Goeltsch), Katie Smith, Mila Williams (infant granddaughter of Michelle and Greg Williams)

**Sympathies and Prayers:** Family of Bill Alwood; Family of Lucy Sheriff; Marsha Bonn on passing of her grandmother

**Other Concerns:** Armed forces and their families; Families suffering; Leadership of our church; Family, friends, neighbors, community, world, medical people, and any other concerns that come to you.

## **Suggested Worship Music:**

"Surely He Will Care For Me" - by Beal/Carter; Christina Benson, soprano soloist; Constance Leitner, piano. Click here or follow this link <https://youtu.be/YNEVneobn1o>

"10,000 Reasons" with Chris Gregory, Contemporary Worship Leader. Click here or follow this link <https://youtu.be/BUmhWoMFD0s>

## **Suggested Videos:**

Social Distancing and Celebrating A Birthday - (Ideas to be a friend even now). Click here or follow this link <https://youtu.be/Xdh2n3R5aME>

6 Ways You Can Be a Better Friend - (Yes, it's called Girl Talk, but the ideas apply for everyone). Click here or follow this link [https://youtu.be/Ciopa\\_JbnK4](https://youtu.be/Ciopa_JbnK4)

Be A Friend - storybook read aloud for kids. Click here or follow this link <https://youtu.be/e8H1fa3OPvQ>

## **REMEMBER: Faith over Fear. Prayer over Panic.**

Think about sharing this video with others.

## **OTHER PRAYERS YOU CAN PRAY:**

### **A Coronavirus Prayer**

Loving and healing God, I turn to you in prayer, confident that you are with us and with all people in every moment. I stand before you as a person people of hope, trusting in your care and protection. May your faithful love support us and soothe the anxiety of our hearts. Generous God, fill everyone with compassion and concern for others, young and old, that we may look after one another in these challenging days. Bring healing to those who are sick with the virus and be with their families. May those who have died rest in your eternal embrace. Comfort their family and friends. I pray for the world and in thanks for all those who will continue to work in the days ahead in so many fields of life for the sake of us all. Bless them and keep them safe. In Jesus' Name I pray. Amen.

### **A Prayer for Healthcare Workers during this time**

Loving God, I place into your care all our doctors, nurses and healthcare workers medical researchers and others who are working tirelessly. Give them courage of heart and strength of mind and body. Keep them safe from harm. May they know our deep gratitude for all they are doing to heal and help those affected by the coronavirus. May they know your protection and peace. Bless them and their families in these challenging days. In Jesus' Name I pray. Amen.

### **Way You Can Be a Good Neighbor and Help:**

If you want to help our Carlisle community in a real way during the crisis, The United Way has established a Carlisle Area Emergency Response Fund (CAER Fund) to meet the emerging and critical needs in our community by non-profit organizations in Carlisle (Project SHARE, CARES, Samaritan Fellowship, etc.). You can donate and find out more here. Pastor Mira is on the team to distribute these gifts.

### **New way to giving to CUMC: Text to Give:**

Text GIVE to 717-964-4111 to give to CUMC via text.

### **Seeking guidance in prayer?**

Check out the website for the Center for Spiritual Development (they have an office in our building). [www.centerformation.org](http://www.centerformation.org). Great resources for spirituality and prayer.

### **ADDITIONAL RESOURCES**

Daily and Online Devotionals

Upper Room - app, email, or Sight Psalms - <https://www.upperroom.org/devotionals>

You Version Bible - different devotional plans and options for groups via app

D365 - short daily devotions via app - [www.d365.org](http://www.d365.org)

Reimagining Examen - Examen Prayer app - <http://reimaginingexamen.ignatianspirituality.com>

First 5 - Bible study app - <https://first5.org>

She Reads Truth or Girlfriends in God- for women online reading plans - <https://shereadstruth.com>

Pray As You Go - online or app (<https://pray-as-you-go.org/home/>)

[Journeywithjesus.net](http://Journeywithjesus.net)